

NUTRIFRIEND 600

Smartfish Nutrifriend 600 is a Food for Special Medical Purposes for the dietary management of disease-related malnutrition.

The product has a high content of non-oxidised marine omega-3 fatty acids, EPA and DHA, includes fibre and vitamin D₃, and is suitable for patients suffering from or being at risk of disease-related under- and malnutrition, caused by lower food intake or increased need of energy and nutrients.

Nutrifriend 600 is also suited for dietary management of malnutrition, and for patients who need supplementation high in energy with the omega-3 fatty acids EPA and DHA, fibre and vitamins in a tasty drink.

NutriFriend 600 is a juice based, high compliance, oral dietary supplement (with 88% juice) and contains 250 kcal.

Nutrifriend 600 comes in two flavours:
Jackfruit and Peach.

Content per 200 mL:

Omega 3	3 1099 mg
DHA	314 mg
EPA	314 mg
Energy	256 kcal
Protein	10,4 g
Vitamin D ₃	2,1 µg
Fibre	4,9 g



Average content per	100 ml	200 ml
Energy	537 kJ	1073 kJ
	128 kcal	256 kcal
Fat	5,9 g	11,7 g
of which		
- Saturates	0,6 g	1,2 g
Monounsaturates	3,5 g	7,0 g
Polyunsaturates	1,8 g	3,6 g
-- Omega-3 fatty acids	550 mg	1099 mg
EPA*	157 mg	314 mg
DHA**	157 mg	314 mg
Carbohydrates	12,4 g	24,9 g
of which		
- Sugars	12,4 g	24,9 g
-- Lactose	< 0,04 g	< 0,08 g
Dietary fibre	2,5 g	4,9 g
Protein	5,2 g	10,4 g
Salt	0,02 g	0,05 g

Vitamins and minerals

Vitamin A	80,3 µg	160,5 µg
Vitamin D ₃	1,0 µg	2,1 µg
Vitamin E	2,0 mg-α-TE	4,0 mg-TE
Thiamin	0,2 mg	0,4 mg
Riboflavin	0,2 mg	0,4 mg
Niacin	1,3 mg-NE	2,6 mg-NE
Pantothenic acid	0,6 mg	1,1 mg
Vitamin B6	0,2 mg	0,4 mg
Folic acid	24,4 µg	48,9 µg
Vitamin B12	0,3 µg	0,5 µg
Biotin	4,1 µg	8,2 µg
Vitamin C	8,0 mg	16,0 mg
Potassium	105 mg	209 mg
Phosphorus	59,7 mg	119,4 mg
Iodine	33,5 µg	67,0 µg

*Eicosapentaenoic acid

**Docosahexaenoic acid

Gluten: Gluten free.

Lactose: Low lactose.

Protein source: Whey protein isolate from milk.

Fat source: Fish oil from salmon, trout and cod.

Carbohydrate source: Glucose and fructose from fruit.

Fibre source: Pectin.

Soy: Contains soya lecithin.

SMARTFISH Nutrifriend 600 is a Food for Special Medical Purposes for the dietary management of disease-related malnutrition.

Nutrifriend 600 is well suited for patients who need a supplement with the omega-3 fatty acids EPA and DHA and vitamin D₃ in a fresh drink, including patients with a low intake of food with marine omega-3 fatty acids, dietary fibre and vitamin D.

Nutrifriend 600 is an oral dietary supplement, and not suitable as sole source of nourishment, but as a supplement to the normal diet or in combination with other nutritional complete dietary supplements.

Important notice: Only for enteral use.

Not for parenteral use. Only to be used under medical supervision. Not suitable for use as the sole source of nourishment. Suitable for adults, seniors and children over 5 years. Use with caution in children from 3 years.

Contains whey protein isolate from milk and should not be used by people with milk protein allergy. Low lactose and gluten free. Fish oils are purified from fish protein. Contains soya lecithin.

Recommended dosage: 1-3 units per day or as recommended by a clinician or dietitian.

Ingredients in Nutrifriend 1100: Juice (from concentrate of apple pear, pomegranate, purple chokeberry and passion fruit), vegetable oil (canola oil), **fish** oil (salmon, trout, cod), whey protein isolate (from cow's **milk**), pectin (E440), natural flavour, rosemary extract, natural tocopherols, vitamin mix (ascorbic acid, maltodextrin, nicotinamide, retinyl acetate, calcium D-pantothenate, cholecalciferol, D-biotin, pteroylmonoglu-

tamic acid, thiamine hydrochloride, pyridoxine hydrochloride, cyanocobalamin, riboflavin, phytomenadion) and emulsifier (**soy** lecithin).

Not added: Sugar, sweeteners, salt, colours or preservatives. With a natural sugar content.

Packaging: Cartons of 200 ml (6.8 oz.). Sold individually or in trays with 18 units. Packaged in a protective environment.

Storage and use: Store under room temperature (4-25°C) and protect from direct sunlight. Refrigerate once opened and use within 24 hours. Tastes best chilled. Shake before use.

Production and GMO: The fish oil is harvested from cod and from farmed Norwegian salmon, fully traceable, certified GMP*, Kosher and Halal. Smartfish is GMO free**.

Regulatory status: Nutrifriend 600 a Food for Special Medical Purposes.

Smartfish AS: The company has an extensive clinical trial program. For more information see: www.smartfish.no/kliniske-studier

SMARTFISH formulations are patented. Smartfish is a registered trademark of Smartfish AS.

Produced by:
Smartfish AS, Gaustadalléen 21,
N-0349 Oslo, Norway
Tel: +47 22 51 98 80. Fax: +47 22 51 98 81
www.smartfish.no

* Good Manufacturing Practice

** Gene Modified Organisms

SMARTFISH